## Winter Camping Equipment List

<u>Note on Clothing</u>: Scouts should dress in **layers** to keep warm; this includes socks. Layers of clothing next to the skin must be changed at least daily (socks twice daily) because sweat makes them wet, and boys with wet clothing can quickly get chilled. **Cotton is not appropriate** for underclothing, socks, and shirts because when wet it provides **no insulation** at all. All clothing (and all personal gear) should be **labeled** with boy's name.

As always, Scouts should pack their own gear (with parental supervision) so they know what they have and where everything is. Here is a checklist for a winter weekend camping trip.

Class A Uniform (including at least shirt, neckerchief & slide; BSA hat and pants are optional) Hat that covers ears (e.g. balaclava) or hat with earmuffs, scarf Insulated gloves (2 pairs in case one gets wet or lost), waterproof or water resistant Heavy jacket or parka, waterproof or water resistant Socks, 5 pairs, non-cotton; wool or smart wool worn over sock liners Sock liners (silk and/or polypropylene) (wear under wool outer socks) (recommended) Thermal Underwear, 2 pairs, non-cotton Waterproof boots or rubber overshoes (required) Long sleeve shirts, non-cotton Heavy sweater or sweatshirt Pants, 3 pairs, non-cotton (ski clothing works great here) Sleepwear (jogging suit or similar, stocking cap) Poncho or other raingear Personal wash kit (washcloth, soap, toothbrush, toothpaste, comb) Insulated Water bottle or canteen Mess kit and silverware (plastic preferred for winter use, be sure to write scout's name on items) Pocket knife and Tot n Chit Daypack to carry stuff in during the competition Sleeping bag (rated 15 degrees or less) Sleeping bag liner if needed, or 2 sleeping bags can be used, one inside the other, or a wool or fleece blanket can be used inside the sleeping bag Ground pad or other **closed cell** insulator (**required**)(no air mattress or camp cot) Flashlight with working batteries, extra batteries

## **Optional Gear**

Hand warmers Watch Scout handbook Compass and whistle Pillowcase-optional (can be stuffed with clothing to make pillow) Personal first aid kid Chap stick and/or lotion Sun screen, sun glasses Chocolate or protein bars to "stoke the internal furnace" Camp Chair